

2021

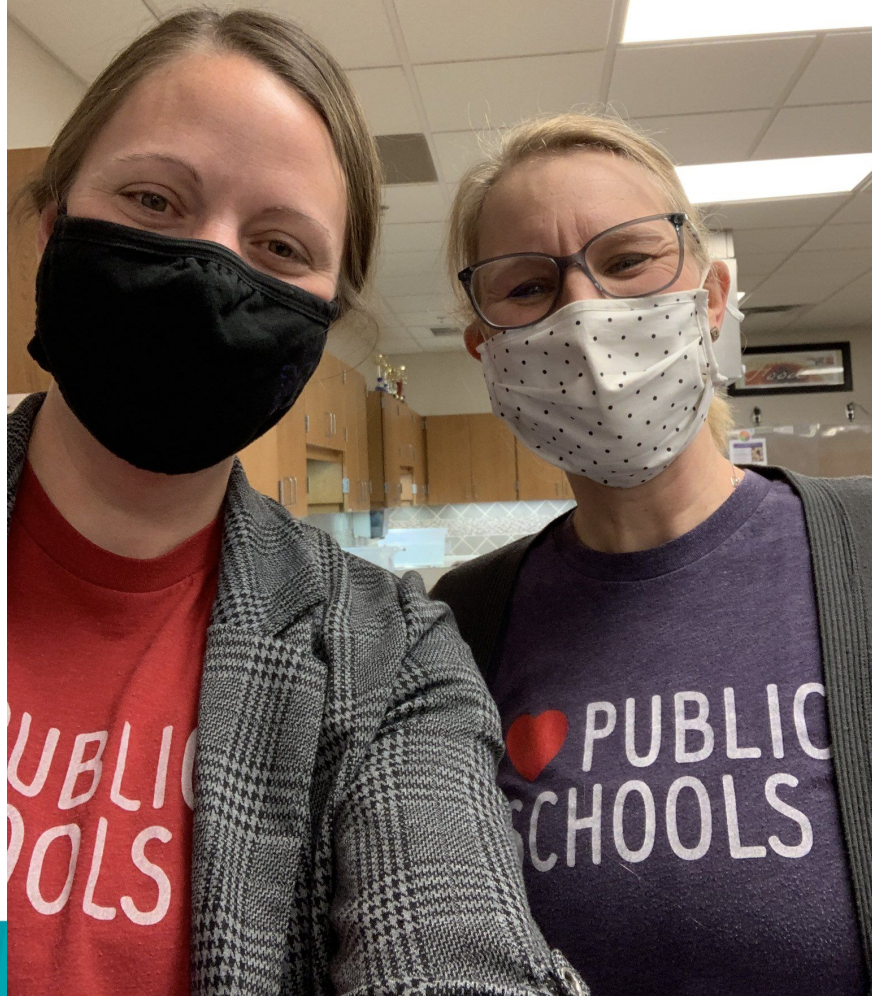
INCE

VIRTUAL CONFERENCE

**PROMOTING CTE
THROUGH CROSS
COLLABORATION**

SHELLY MOWINKEL & MALLORY GREGORY





Our Story...

SESSION INTRODUCTION

Be a part of Milford Public School's
very first afterschool

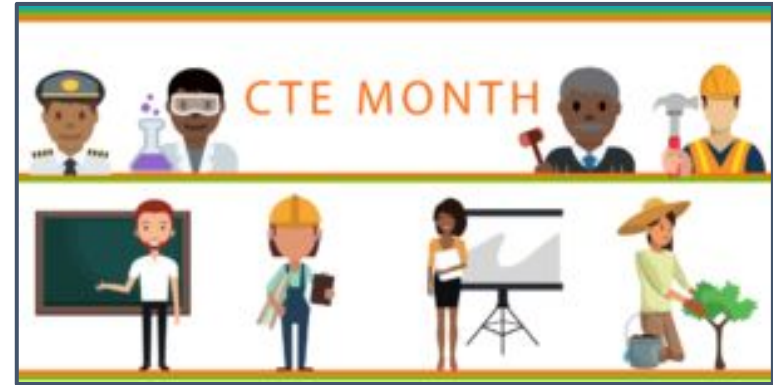
Career & Tech. Ed Exploration Program

in celebration of February's CTE Month!



Learning that works
for Nebraska

Our Why



Capital
MOM

Chasing a New Purpose

As I define my purpose and change my course, I need to continue laying the foundation to this stirring on my heart that's bigger than myself. And as I reflect, I can see the blueprints had been started throughout the COVID pause as I learned that busyness is not a way of life. I gradually started taking things off my plate. This realization is going to help me clearly see what's being placed on my heart.

Here's to 2021—to chasing this new purpose and to circling this new dream with prayer and meditation. Before I know it, the stirring on my heart will show up in a big way and I will know exactly what my purpose will be. And right now, I need to let my family in on what's on my heart. And as I said, when the big something shows up, I will have my family ready to encourage me to chase my dream.

I encourage all of you to see what's stirring in your heart. How are you going to chase the dream in your heart in 2021?



All about discovering a...

- skill
- talent
- Passion

**All about
discovering YOU
through Career & Tech Ed**

OUR HOW

Decide on a target group of students.

#1

OUR WHAT

- Beyond School Bells
- Upper Elementary
- CTE Awareness
- Self Exploration
- Transition to JH

Milford Eagles 6th Grade Class



OUR HOW

Take a deep look at
Milford's CTE
Programs

+

Business/Industry
Connections

=

Create an
EXPERIENCE

#2

OUR WHAT

Servant Leadership | Self-Discovery | Entrepreneurship | Innovation

Ag, Food, &
Natural
Resources

Business &
Information
Technology

Family &
Consumer
Sciences

Skilled &
Technical
Sciences

Feb 4 Culinary Knife Skills + Take Home Stir Fry	Feb 9 Photography & Digital Editing	Feb 11 Natural Resources Floral Design + Take Home Floral Arrangement	
Feb 16 Vinyl T-shirt Printing Process	Feb 18 Sewing + Quilt of Valor Service Donation	Feb 23 Woodworking + Take Home Wooden Picture Frame	Feb 25 Saving & Investing

OUR HOW

**Evaluate YOUR
capacity
+
Develop dates**

#3

OUR WHAT


Balancing...

- CTSO Competitions & School Activity Time Commitments
- Classroom availability
- Mom duties
- Teaching duties
- CTSO Student Leaders

3:45-5p.m.
Tues/Thurs

Today < > February 2021

Month



SUN 31	MON Feb 1	TUE 2	WED 3	THU 4	FRI 5	SAT 6
				● 3:45pm CTE After Schor		
7	8	● 3:45pm CTE-Photo	10	● 3:45pm CTE-Floral	12	13
14	15	● 3:45pm CTE Vinyl Tshirt	17	● 3:45pm CTE Sewing	19	20
21	22	● 3:45pm CTE Woodworki	24	● 3:45pm CTE Savings	26	27
28	Mar 1	2	3	4	5	6

OUR HOW

**Collaborate with
administration team.**

#4

OUR WHAT

- Sharing vision in alignment with district mission
- Logistics (timing, transportation)
- Funding
- Covid Guidelines
- Max enrollment
- Communicating with building administrators
- Communicating with 6th grade teachers



OUR HOW

**Develop a
registration process.**

#5

Be a part of Milford Public School's
very first afterschool

Career & Tech. Ed Exploration Program

in celebration of February's CTE Month!



Open to 6th graders to come explore careers within the Nebraska Career Model and put to use career-ready skills through hands on experiences in each area of Milford's Career & Technical Ed Programs.

Servant Leadership | Self-Discovery | Entrepreneurship | Innovation



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All Sessions @ 3:45-5p.m. | Milford High School

After school sessions will be led by Milford CTE teachers Shelly Mowinkel and Mallory Gregory along with other guest teachers & professionals. Students enrolled will walk from the elementary to the high school (or bus on bad weather days). Must have transportation arranged for pick up by 5p.m. at the HS unless communicated otherwise on the registration form. Because this is the first try at this program, it will be limited to 20 students. If more than 20 registration forms are turned in, we will randomly draw names to attend. In addition, future date opportunities for this program will be communicated if enrollment numbers exceed 20 students.

**RETURN ATTACHED REGISTRATION FORM TO THE ELEMENTARY OFFICE BY:
WEDNESDAY, JANUARY 27**

OUR WHAT

Milford Public School's Career & Tech. Ed Exploration Program



REGISTRATION FORM

RETURN TO THE ELEMENTARY OFFICE BY WEDNESDAY, JANUARY 27

6th Grader's First & Last Name		T-Shirt Size <small>(adult)</small>	S M L XL XXL
Parent Name(s)		Any Food Allergies:	
Parent Cell/Phone to best be reached			
Parent Email frequently checked			

We want students to attend all sessions, but also want to fill all 20 spaces each session. Please circle any dates that you know your son/daughter will NOT be able to make so we can open it up to others. Thank you!

Feb 4 Culinary Knife Skills + Take Home Stir Fry	Feb 9 Photography & Digital Editing	Feb 11 Natural Resources Floral Design + Take Home Floral Arrangement	Feb 16 Vinyl T-shirt Printing Process	Feb 18 Sewing + Quilt of Valor Service Donation	Feb 23 Woodworking + Take Home Wooden Picture Frame	Feb 25 Saving & Investing
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Check here if transportation pick-up for your son/daughter at 5p.m. at the high school is a conflict so we can work out a plan for your family!

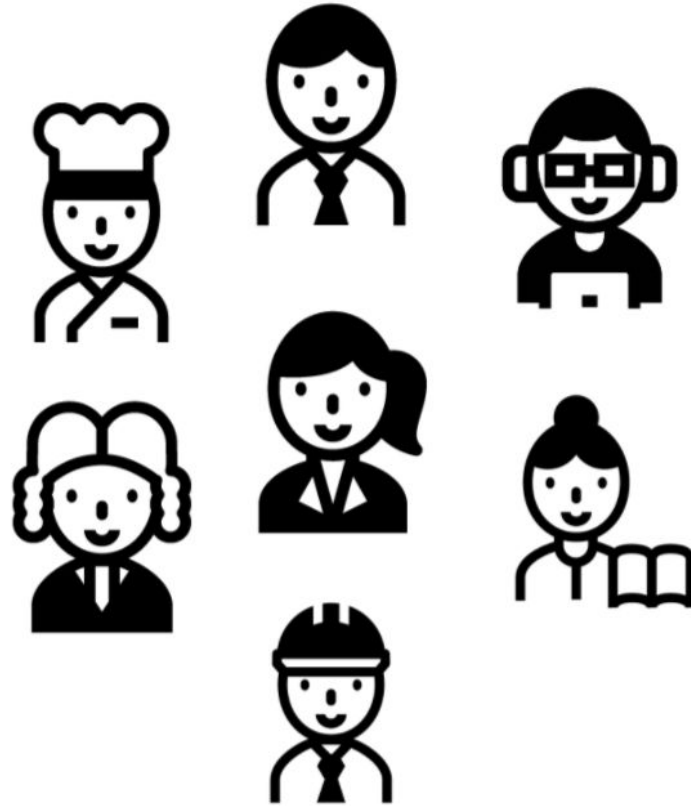
OUR HOW

**Personally invite &
educate prospective
participants.**

#6

OUR WHAT

What is Career and Technical Education?



OUR HOW

**Develop structure for
the experience.**

#7

WELCOME 6th Graders!

CTE After School Exploration Program

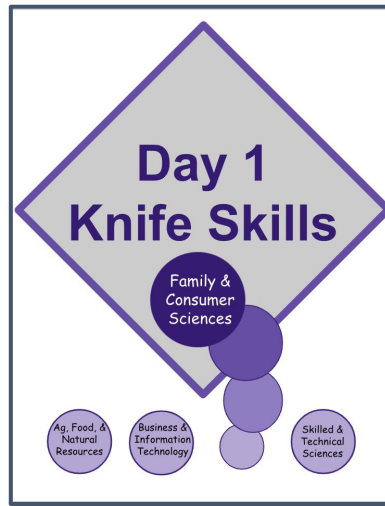
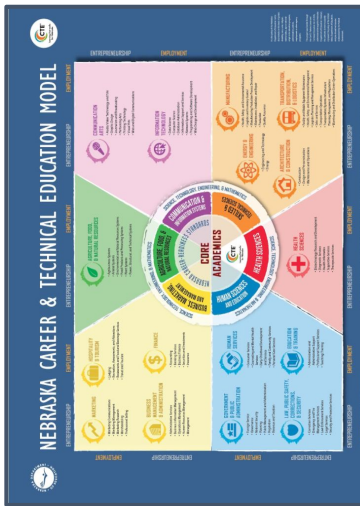
1. Find a chair to sit in.
2. Grab a snack (1 water bottle, 4 orange slices, & 2 powerball cookies)
3. Please keep your mask on at all times when within 6 feet of anyone!
4. We will get started soon!



CTE & You

Student Journal

Name _____



Session CAREER CONNECTIONS

Career & Technical Field(s):

Technical Skills Needed:

Career Readiness Skills

Knife Skills TIPS TO REMEMBER



Knife Skills THE ENTREPRENEUR

Cost of Ingredients (serves 6 people)

\$2.99	1 lb. chicken, cooked & sliced
\$1.50	1 yellow bell pepper, julienned
\$1.50	1 cup broccoli florets
\$0.08	1 medium carrot (peeled & sliced-rondelle)
\$0.88	½ cup fresh snow peas (trimmed)
\$0.12	1 stalk celery (chopped)
\$0.75	½ cup edamame (without pods)
\$0.13	2 cloves garlic (minced)
\$0.00	¼ cup water
\$0.01	1 tsp Salt
\$1.10	½ cup sesame-ginger stir-fry sauce
\$0.05	½ tsp. crushed red pepper
\$0.82	2 cups dry minute rice

PERSONAL FINANCES

Total Cost of Items: \$ _____
Divide by 6 (serves 6 people)

Cost Per Person: \$ _____
HuHot - Lincoln, NE
Comparable Food Item On Menu
\$14.99 per person

YOU SAVE

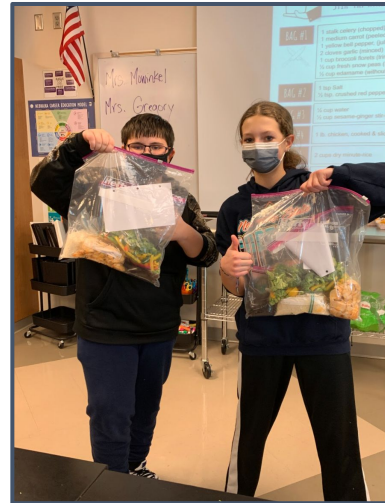
\$ _____/person \$ _____/family

ENTREPRENEUR MINDSET

Cost Per Person: \$ _____
Value of YOUR Time: \$ _____
Equipment Costs: \$ _____
What price would you market this stir fry?
Per Person: \$ _____
What would be your net profit?
\$ _____

TODAY'S REFLECTION

Click to add text



OUR HOW

**Solidify partners &
resources.**

#8

OUR WHAT

- Career Speakers
- Classroom Setup
- Supplies per session
- Snacks & Drinks
- Technology Access (zoom links, etc.)



OUR HOW

**Enjoy the journey
with the students**

#9

OUR WHAT

Session 1

Culinary Knife Skills



OUR WHAT

Session 2

Photography & Digital Editing



OUR WHAT

Session 3

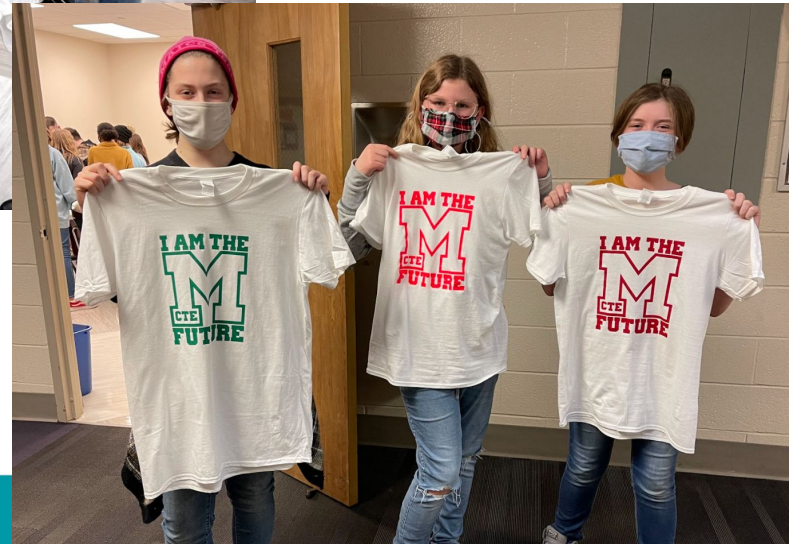
Floral Design



OUR WHAT

Session 4

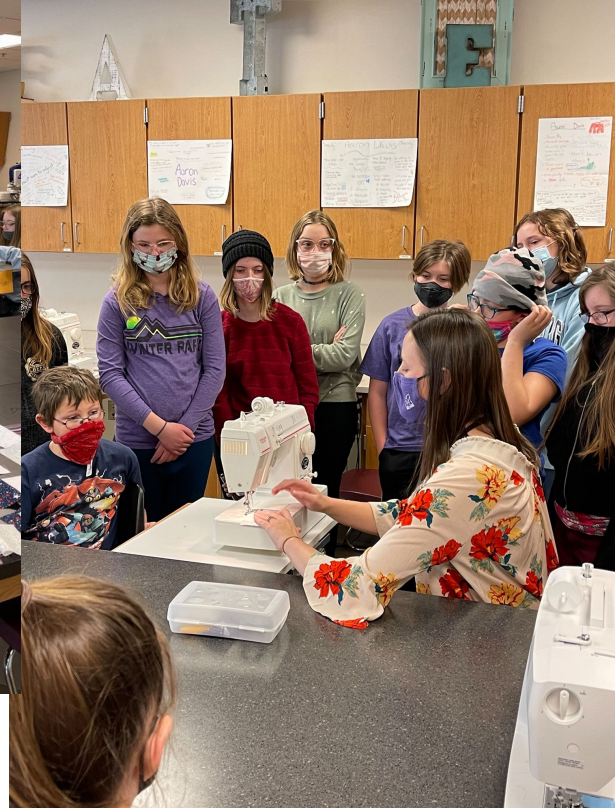
Tshirt Printing



OUR WHAT

Session 5

Sewing & Service



OUR WHAT
Session 6
Woodworking



In today's final #milfordsoar CTE afterschool program, the students learned all about the stock market. Students traded stocks during four different rounds while learning why stocks fluctuate in prices. Mrs. Crabtree did an awesome job of engaging our students and teaching them about the stock market.

We want to thank the school administrators for allowing us to offer this program and to the anonymous donor for the financial support. We also want to thank the students who participated as they brought their excitement each day!

OUR WHAT

Session 7

Savings & Investing



OUR HOW

**Promote &
publicize**

#10

THE CTE REPORT

February 2021

"I am living my dream!" There is no other way to describe the Career and Technical Education (CTE) after school program that Mallory Gregory, Liz Crabtree, and I facilitated during the month of February. The CTE program reached nearly 30 students over the course of the seven planned days:

- Day 1 -- Knife Skills
- Day 2 -- Photography & Editing Skills
- Day 3 -- Floral Design
- Day 4 -- Vinyl T-Shirt Printing
- Day 5 -- Sewing
- Day 6 -- Woodworking
- Day 7 -- Investing

The vision of this program was to give the students an experience in different CTE areas while also giving the students exposure to what programs we have to offer at the junior/senior high school. Each day brought more and more excitement from the students.

This program would have never been possible without the support of the administration, especially Kevin, who listened to this crazy idea and supported it. Also, this program would not have been possible without the generous support of the anonymous donor. Not only did we encourage students to experience these events, Brandon Mowinkel shared his passion for photography, Julie Eckman shared her passion for quilting, Kirk Gunnerson shared his expertise in the woodworking world, and Katrina Polk of The Little Flower Company zoomed in and shared her passion for floral design and owning her own business.

Along with these people, Calyn Mowinkel (freshman at UNL), Mylie Svobda, and Victoria Salmons (both 7th graders at MHS) volunteered their time during many of the sessions. The experience for our students included taking home the following items: stir fry from all of the chopped vegetables, t-shirt from the vinyl printing process, picture frame from the woodworking day, and a vase of flowers, from the floral design day. Students also left with a binder of information that relates to each day, in the hope the students will reflect upon what they learned.

This truly was an amazing experience and we hope to try this again during a weeklong summer program for elementary students.



Sixth-grade students who participated in the afterschool program

Upon completion, the quilt will be donated to Quilts of Valor.



OUR WHAT

Twitter

Facebook

Parent Communication

School Board Update

CTSO Members Apply for Recognition

IMPACT



- 30 6th grade students
- Relationships built
- Enrollment for CTE courses for 7th graders
- Parent feedback
- Community feedback
- Career speakers connections
- CTE Department unity
- Scope/sequence & alignment of career exploration
- Building high school leaders

Our story has just begun.

Reflections & future plans from this experience



2021



VIRTUAL CONFERENCE

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